

Wednesday 7 October



If everything is a struggle
The simplest of tasks
Feel like climbing a mountain.
If the idea of a new day
Brings sadness.
May we be the support
For those in crisis
For those in vulnerable
situations
For those who have no hope
For those who feel forgotten
For those who have nothing.
And in that support
May we walk alongside,
Encourage and hold up
Those whom society have left
behind
And help people find
themselves
Once again